Non perishable:

- Cereal/Oatmeal/Grits
- **NO Canned Beans**
- Canned Chicken
- Canned Tuna
- Canned Soup
- **Pasta and Pasta Sauces-NEED Alfredo**
- **Canned Fruit-NEED-Pears, Peaches, Apple Sauce and Mixed Fruit**
- **NO Canned Vegetables**
- **REALLY NEED-Peanut Butter & Jelly**
- Snacks
- Granola Bars/Protein Bars
- Ramen
- Spices, Sauces, Condiments

Hygiene products:

- Soap
- Deodorant
- **Conditioner**
- **Shampoo**
- Powered detergent or pods
- Toothbrush
- Toothpaste
- Floss
- Bar Soap
- Liquid Body Wash
- Lotion
- Tissues

*Most Needed Items - updated March 15, 2022*